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# A Family's Guide To The Military For Dummies





## Synopsis

Expert advice on all aspects of military life A Family's Guide to the Military For Dummies is for the millions of military dependents, family members, and friends who are looking for straightforward guidance to take advantage of the benefits and overcome the challenges unique to life in the military. This comprehensive guide covers such key topics as introducing military life to readers new to the armed forces, financial planning, relocation, deployment, raising kids alone while a partner is away, and taking advantage of the available benefits. It offers tips and advice for dealing with emotions that surround events like deployments, deciphering the acronyms used in daily military life, forming support groups, keeping track of a loved one's whereabouts, and surviving on a military base in a foreign country.

#### **Book Information**

Paperback: 388 pages Publisher: For Dummies (October 27, 2008) Language: English ISBN-10: 0470386975 ISBN-13: 978-0470386972 Product Dimensions: 7.4 x 0.9 x 9.2 inches Shipping Weight: 1.2 pounds (View shipping rates and policies) Average Customer Review: 4.1 out of 5 stars 18 customer reviews Best Sellers Rank: #345,656 in Books (See Top 100 in Books) #56 in Books > Parenting & Relationships > Family Relationships > Military Families #403 in Books > Parenting & Relationships > Reference #12840 in Books > Engineering & Transportation > Engineering

### **Customer Reviews**

Your personal how-tohandbook for living yourbest life as a military family Looking for a clear, concise guide to military life? Whether you're new to the armed forces or planning your latest relocation, this plain-English handbook has expert tips for overcoming the challenges and taking advantage of the benefits unique to life in the military. From living on a base to financial planning to deployment, you'll see how to find all the support your family needs. Grasp the boot camp basics — understand rank and military hierarchy, find your way around a base, and connect with others in the community Take charge of your finances — decipher military compensation, handle your taxes, build credit, and invest for your family's future Understand your military benefits — obtain health and dental insurance, utilize the family support centers, explore retirement

benefits, and more Raise a happy family — from housing and childcare to education and recreation, take advantage of all the military offers Handle deployments — prepare for deployment, help children cope, stay connected with your loved one, and manage stress and anxiety Transition out of the military — assess the financial benefits, retire from service, and plan for your next career Open the book and find: An overview of military versus civilian lifestyle Your place in the military structure Educational and employment opportunities Family support centers, groups, and associations The best benefits for military spouses How to avoid scams against service members A family's guide to military acronyms Programs outside the military you can turn to for support

Sheryl Garrett is a financial advisor, author, and speaker. She founded the Garrett Planning Network and is the author of Personal Finance Workbook For Dummies. Sue Hoppin is the Deputy Director for Spouse Outreach at the Military Officers Association of America. In 2007, Military Spouse magazine placed Sue on their 2007 Who's Who of Military Spouses list.

I'm still in the first half of the book but so far I love it! It's very informative and provides detailed explanations of things. This is actually the second book that I purchased because the first one had touched base on all the topics but it was not nearly enough detail that I was looking for. My husband shipped out for BMT a week ago and I wanted to get a good handle on things before I go see him graduate as well as before we move and I really feel that this book is doing it for me.

My husband/airman is going to basic training this spring. I decied to educate myself and making sure I could utilize all benefits available to our family. This book is very informative. I definately suggested to all spouses, especially those with no military backround.

Great read for new families entering into military life!

This book is a must have for military spouses. I am a career counselor for military spouses and I recommended the book to all my clients. It is just packed with resources on dealing with deployment, navigating your career, and understanding all the resources that are out there for

military wives and families. The book is a great value and I highly recommend it!Krista Wells[...]

This is more for military families and not for someone who is trying to understand what their son is going through.

Very helpful. Answers so many questions we have had about the military. Great learning resource.

We are preparing to become an Army family, so I cannot speak to the accuracy of this book, but I can say it's an easy read that is super easy to understand. A great starting point, if nothing else! <u>Download to continue reading...</u>

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